



An Overview of Heroin and Opiate Addiction

Tragically, opioid and heroin addiction have become common place in American society. While opiate and heroin addiction have many tragic outcomes, the addictive powers of these substances have created a crisis for social service professionals who serve older adults. Although most individuals associate heroin/opiate addiction with younger generations, the older adult population has unique characteristics that create vulnerabilities for substance use disorders of heroin and opiates. As such, social service professionals hold a vital role when working with aging consumers who are impacted by heroin/opiate addiction. Additionally, older adults are also victimized by relatives and associates who are using opiates/heroin. This workshop offers an overview of heroin and opiate addiction and its relevance with older adults. Specifically, this workshop identifies common trends associated with heroin and opiate use as well as the impact on the lives of older adults. Evidenced-based treatment strategies for opiate addiction will also be discussed within this educational workshop.

CEU CREDIT: OHSTS (3 Credits), Social Work (2.75 CEUs), Counselor (2.75 CEUs)

Class Location: OhioMeansJobs|Fulton County (604 S. Shoop Ave. Wauseon, OH 43567)

Class Dates: 07/06/2020

Class Times: 8:30am – 11:30am or 1:00pm - 4:00pm

Mental Health First Aid

Mental Health First Aid® Mental Health First Aid USA is an 8-hour training to teach participants how to help someone who is developing a mental health problem or experiencing a mental health crisis. The evidence behind the program demonstrates that it helps trainees identify, understand and respond to signs of mental illnesses and substance use disorders. Mental Health First Aid is a valuable resource that can make a difference in the lives of the 1 in 5 Americans struggling with mental illnesses and addictions, including those experiencing suicidal thinking. This eight hour in-person training teaches people how to help people developing a mental illness or experiencing a crisis. Just as CPR helps even those without clinical training assist an individual having a heart attack, Mental Health First Aid prepares participants to interact with a person experiencing a mental health crisis. Mental Health First Aiders learn a 5-step action plan that guides them through the process of reaching out and offering appropriate support.

Class Location: Fulton County Administration Building 152 S Fulton St, Wauseon, OH 43567

Class Dates: 07/01/2020, 07/15/2020, 07/29/2020, 08/12/2020, 08/26/2020, 09/09/2020

Class Times: 8:00am – 4:30PM

Youth Mental Health First Aid

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

Class Location: Fulton County Administration Building 152 S Fulton St, Wauseon, OH 43567

Class Dates: 07/08/2020, 07/22/2020, 08/05/2020, 08/19/2020, 09/02/2020, 09/16/2020

Class Times: 8:00am – 4:30PM

Success working in the Multi-Generational Workplace

Today, our society is composed of people who represent four different generations. Each generation has its own set of values, standards and communication preferences. Effectively engaging APS clients, co-workers and community partners requires a working knowledge of generational diversity. This workshop deals with understanding the four generations in the workplace: The Traditionalist (Matures) - 1900-1945, Baby Boomers - 1946-1964, Generation X – 1965-1980, Generation Y (Millennium) - 1980-Present. We will explore the culture of the four generations and how these generations can work together more effectively. We will look at the evolution of the generations, how they overlap and the barriers that cause misunderstanding in communication and the overall working relationships.

CEU CREDIT: OHSTS (6 credit), NOTE: this course does not meet licensing board requirements for social work and counselor credits

Class Location: OhioMeansJobs|Fulton County 604 S. Shoop Ave. Wauseon, OH 43567

Class Dates: 07/16/2020, 07/17/2020

Class Times: 8:00am - 4:30pm

Calming the Chaos: Keeping Your Cool When Things Get Hot!

Out of nowhere, a routine client interaction can become an unexpected firestorm of negative emotions thrown at us. Our worst reaction is to fire back in defense, matching their negative emotion. Learn what to do when things get out of hand and tense situations need to be diffused. Learn to take the heat while maintaining you cool and work with clients to resolve conflicts and develop peace treaties. By understanding the source of anger, staff will be able to provide services that best meet their client's needs.

CEU CREDIT: OHSTS (6 Credit), Social Worker (5.5 CUs), Counselor (5.5 CEUs)

Class Location: OhioMeansJobs|Fulton County (604 S. Shoop Ave. Wauseon, OH 43567)

Class Dates: 08/19/2020, 08/20/2020

Class Times: 8:00am - 4:30pm

American Heart Associate CPR/ AED and First Aid

The Wauseon Fire Department is proud to offer CPR/AED and First Aid course for the public, businesses, health care professionals, church groups, organizations, and anyone else that may need or want this certification. Our department utilizes CPR/AED training to reach those in our community to help make a difference in someone's life when it is needed the most. Our courses are taught by certified American Heart Association (AHA) Instructors who work for the Wauseon Fire Department.

Class Location: Fulton County Administration Building 152 S Fulton St, Wauseon, OH 43567

Class Dates: 07/10/2020, 07/24/2020, 08/07/2020, 08/14/2020, 08/28/2020, 09/11/2020

Class Time: 8:00am – 12:00pm

Learn more and sign up now, class sizes limited
<https://www.fultoncountyoh.com/1472/Workshops>